

THE BEGINNER SEED SAVERS GARDEN

Are you worried about cross pollination? Are you unsure which varieties will cross with one another? Does the idea of hand pollinating and using isolation cages fill you dread? Don't despair, the SEED beginners seed savers guide will show you how to save lots of different kinds of seeds from your garden without any extra work.

In the vegetable garden, some plants rely on insects for pollination. Others are self fertile but can also be crossed by insects. Some rely on the wind. Some do not cross at all. There seems to be so much to remember it can seem confusing at first. Follow these simple rules and save seeds from everything in your garden, sure that you will produce only pure varieties.

THESE DO NOT CROSS.

GROW AS MANY VARIETIES AS YOU LIKE AND SAVE PURE SEEDS

- peas *Pisum sativum*
- lettuce *Lactuca sativa*
- tomatoes (except beefsteak) *Lycopersicon lycopersicum*

GROW ONLY ONE VARIETY OF EACH

- cucumber *Cucumis sativus*
- melon *Cucumis melo*
- watermelon *Citrullus lanatus*
- aubergine *Solanum melongena*
- okra *Abelmoschus esculentus*
- sweetcorn *Zea mays*
- spinach *Spinacia oleracea*
- carrot *Daucus carota*
- parsnip *Pastinaca sativa*
- radish *Raphanus sativus*
- leek *Allium ampeloprasum*
- pumpkin *Cucurbita maxima*
- pumpkin *Cucurbita mixta*
- butternut squash *Cucurbita moschata*
- courgette *Cucurbita pepo*
- beefsteak tomato *Lycopersicon lycopersicum*
- cardoon *Cynara cardunculus*
- globe artichoke *Cynara scolymus*
- basil *Ocimum basilicum*
- coriander *Coriandrum sativum*
- parsley *Petroselinum crispum*
- chives *Allium schoenoprasum*
- garlic chives *Allium tuberosum*
- rocket *Eruca sativa*
- broad bean *Vicia faba*
- French bean *Phaseolus vulgaris*
- runner bean *Phaseolus coccineus*
- soya bean *Glycine max*
- chick pea *Cicer arietinum*

WITH THESE CHOOSE ONE

- onion, shallot or multiplier onion *Allium cepa*
- brocolli, brussels sprouts, cabbage, cauliflower, kale or kohlrabi *Brassica oleracea*
- turnip or chinese cabbage *Brassica rapa*
- beetroot or chard *Beta vulgaris*
- cow pea or yard long bean *Vigna unguiculata*
- sweet or chilli pepper *Capsicum annuum*
- celery or celeriac *Apium graveolens*